

Healing the Time Starved Marriage

“To follow Christ is to become more like him. It is to learn from His character. As Spirit Children of our Heavenly Father, we do have the potential to incorporate Christlike attributes into our life and character. The Savior invites us to learn His gospel by living His teachings” (Elder Dieter F. Uchtdorf, *Ensign*, November 2005).



“Applying Christlike
Virtues”



Differences in Communication



Nothing Can Go Permanently Wrong

“I am aware that life presents many challenges, but with the help of the Lord, we need not fear. **If our lives ...are centered upon Jesus Christ ... nothing can ever go permanently wrong. On the other hand, if our lives are not centered on the Savior and his teachings, no other success can be permanently right”**

(President Howard W. Hunter, *Ensign*, April 1995, 21).



Matthew 7:24-29



24 ¶ Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:

25 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

26 And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:

27 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.



If We Didn't Have That Rock To Hold On To....



"If we didn't have that rock to hold on to, where would we be? We'd just be floundering. We'd have nothing."

Helaman 5:12



“And now, my sons, remember, remember that it is upon the rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation: that when the devil should send forth his mighty winds, yea, his shafts in the whirlwind, yea, when all his hail and his mighty storm shall beat upon you, it shall have no power over you to drag you down to the gulf of misery and endless wo, because of the rock upon which ye are built, which is a sure foundation, a foundation whereon if men build they cannot fall.”



Build on the Rock



“If you build your homes on the foundation rock of our *Redeemer and the gospel, they can be sanctuaries where your families can be sheltered from the raging storms of life*”

(Joseph B. Wirthlin, Ensign, May 1993, 71; emphasis added).

Priorities



"As we got closer to marriage, I felt completely confident that Gordon loved me. **But I also knew somehow that I would never come first with him. I knew I was going to be second in his life and that the Lord was going to be first. And that was okay.** It seemed to me that if you understood the gospel and the purpose of our being here, **you would want a husband who put the Lord first**" (Marjorie Hinckley, as cited by Sheri Dew, *Gordon B. Hinckley: Go Forward with Faith*, 114).



Our Priorities



- 1) Our spiritual and physical selves
- 2) Our spouses
- 3) Our children
- 4) Our Church Callings
- 5) Our Professional Lives
- 6) Our Civic Responsibilities

Elder Jeffrey R.
Holland, as cited by
C. Robert Line, *The
Religious Educator*,
Vol. 5, No. 1, 2004,
31).



“Most men do not set priorities to guide them in allocating their time, and most men forget that the first priority should be to maintain their own spiritual and physical strength. Then comes their family, then the Church, and their professions– and all need time” (President Harold B. Lee, *The Teachings of Harold B. Lee*, [Salt Lake City: Bookcraft, 1996], 615).

Love Looks Different in Each Relationship

A child “thought his parents were different from married people in the movies. They didn’t say sweet things to each other, and he never saw them kiss. He used to feel unhappy about it until the day the dam broke and their farm flooded. He was put in the attic for safety, and he lay there in the dark, shivering while the rising water lapped at the foundations of the house. In his fear for himself and his parents, he looked out the attic window. Lightening split the dark, and he saw his parents, up to their thighs in swirling water, walking shoulder to shoulder with their heads down, against the wind. His mother had an armful of frightened chicks she’d rescued from the henhouse. His father was carrying a newborn lamb. He saw them only for a fraction of a second, but he never worried about whether they acted like loving couples in the movies. He was convinced that [his parents] had something far stronger than what he saw in the movies” (Blain J. Fowers, Ph.D., *Beyond the Myth of Marital Happiness*, [San Francisco: Jossey-Bass, Inc., 2000], 155-156).



Cultivating Virtues: The Key to Successful Marriage



“As I have observed many different couples, I have become convinced that strong marriages are built on virtues or character strengths of spouses. **In other words, the best way to have a good marriage is to be a good person.** Virtues are character traits that help us live the good life and embody our ideals and aspirations. Practicing virtue is not about trying to be better than other people or denying ourselves enjoyment. **When we act virtuously, we do our best to bring about something that we think is good, and we do it simply because we love the good**” (Blaine J. Fowers, *Beyond the Myth of Marital Happiness*, [San Francisco: Jossey-Bass, 2000], 23).



Christlike Virtue #1: Commitment

- ❧ Marriage requires much more than half-hearted compliance.
- ❧ No marriage will succeed with one foot in, and one foot out. Elder Jeffrey R. Holland taught couples that **“you cannot succeed in love if you keep one foot out on the bank for safety’s sake. The very nature of the endeavor requires that you hold on to each other as tightly as you can and jump in the pool together.”** (Elder Jeffrey R. Holland, “How Do I Love Thee?”, BYU Speeches, 15 February 2000).

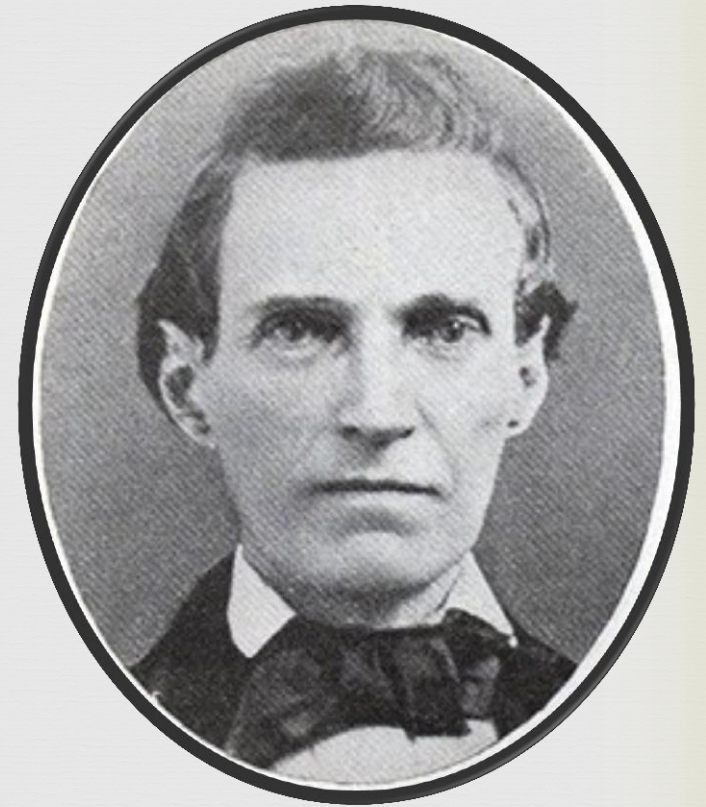
Give it Full Throttle



“Of course some days are going to be more difficult than others, but if you leave the escape hatch in the airplane open because you think even before takeoff you might want to bail out in mid-flight, then I can promise you it’s going to be a pretty chilly trip **Close the door, strap on those seat belts, and give it full throttle. That’s the only way to make a marriage fly**” (Jeffrey R. Holland, *On Earth As It Is In Heaven* [Salt Lake City: Deseret Book, 1989], 109-110).

Catherine & Orson Spencer

“Intreat me not to leave thee, or to return from following after thee: for whither thou goest, I will go; and where thou lodgest, I will lodge: thy people should be my people, and thy God my God’ (Ruth 1:16).



Orson Spencer

Christlike Virtue #2: Compassion



“In good marriages, men and women seek to improve themselves for the sake of their loved one. They offer and draw moral strength by sharing compassion, courage, honesty, self-discipline and a host of other virtues. Husband and wives complete themselves through each other, and the whole of the union becomes stronger and more wonderful than the sum of the two parts” (William John Bennett (1943 -)

Anxious Concern for Companion



Gordon B. Hinckley has said, “I am satisfied that a happy **marriage is not so much a matter of romance as it is an anxious concern for the comfort and well-being of one’s companion.** . . . Selfishness is the antithesis of love” (Gordon B. Hinckley, “What God Hath Joined Together,” *Ensign*, May 1991, 73).

Joseph Smith's Counsel on Marriage

“It is the duty of a husband to love, cherish, and nourish his wife, and cleave unto her and none else; he ought to honor her as himself, and he ought to regard her feelings with tenderness.... It is his duty to be a man of God (for a man of God is a man of wisdom,) ready at all times to obtain from the scriptures, the revelations, and from on high, such instructions as are necessary for the edification, and salvation of his household” (Joseph Smith, *Elders' Journal* 1:61-62).

“When you go home, never give a cross or unkind word to your husbands, but let kindness, charity and love crown your works henceforward” (Joseph Smith, *Teachings of the Prophet Joseph Smith*, 227).

“Let this Society teach women how to behave towards their husbands, to treat them with mildness and affection. *When a man is borne down with trouble, when he is perplexed with care and difficulty, if he can meet a smile instead of an argument or a murmur – if he can meet with mildness, it will calm down his soul and soothe his feelings;* when the mind is going to despair, it needs a solace of affection and kindness” (Joseph Smith, *TPJS*, 228; emphasis added).

Edward and Mary Ann Wood



“A husband should always try to treat his wife with the greatest courtesy and respect, holding her in the highest esteem. He should speak to her in a kind and a soft manner, showing his love by word and deed. As she feels this love and tenderness she will mirror it and return it tenfold” (Elder James E. Faust, *Ensign*, May 1988, 37).

Christlike Virtue #3: Communication

- ∞ **“The most important marriage skill** is listening to your partner in a way that **they can’t possibly doubt that you love them”** (*Diane Sollee, Smartmarriages.com*)
- ∞ “Think of how many arguments could be avoided, how many hurt feelings could be spared, and, in a worst-case scenario, how many breakups and divorces could be avoided **if we were not so easily provoked, if we thought no evil of one another, and if we not only did not rejoice in iniquity but didn’t rejoice even in little mistakes. Think the best of each other, especially of those you say you love. Assume the good and doubt the bad”** (Elder Jeffrey R. Holland, “How Do I Love Thee?” BYU Speeches 1999-2000, 160-161).

Crunching the Numbers



- ☞ Recently, I collaborated with a student and we searched every general conference talk given since 1970, looking for talks that addressed communication in marriage.
- ☞ We could only find nine talks that have been given over the past 40 years. Or, put another way, there have been 80 Conferences in the past 40 years, and there have only been nine talks on communication.
- ☞ **Therefore, there have been .11 talks on communication every General Conference since 1970. Communication talks in general conference are about as rare as Haley's Comet.**
- ☞ In contrast, during the past 40 years, there have been 363 talks either on pornography, or that have mentioned pornography in General Conference. Since 1970, there have been 4.5 talks on pornography every General Conference. There is quite a difference when it comes to these two topics.

Crunching the Numbers



- ❧ If our General Authorities do not spend their time discussing communication problems in marriage, what are we to learn from this lesson?
- ❧ I personally believe that they recognize that communication isn't the root problem. Instead, our Church Leaders hit right at the core – they teach us about pride and selfishness. They also talk about kindness and charity.
- ❧ **For example, since 1970, pride has been mentioned 571 times in General Conferences, for a ratio of 7.1 times per General Conference, and selfish or selfishness has been discussed or mentioned 460 times, for a ratio of 5.8 times per General Conference.**
- ❧ Do you see my point? From the perspective of those who lead our Church, communication isn't the problem. The core issue is that we lose the spirit and communicate in non-Christlike ways too often in marriage.

To Husbands



“Husbands, you have been entrusted with the most sacred gift God can give you – a wife, a daughter of God, the mother of your children who has voluntarily given herself to you for love and joyful companionship. *Think of the kind things you said when you were courting, think of the blessings you have given with hands placed lovingly upon her head, think of yourself and of her as the god and goddess you both inherently are, and then reflect on other moments characterized by cold, caustic, unbridled words.* Given the damage that can be done with our tongues, little wonder the Savior said, “Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man.” *A husband who would never dream of striking his wife physically can break, if not her bones, then certainly her heart by the brutality of thoughtless or unkind speech”* (Jeffrey R. Holland, “The Tongue of Angels,” *Ensign*, May 2007, 16–18; emphasis added).

To Wives



“In that same spirit we speak to the sisters as well, for the sin of verbal abuse knows no gender. Wives, what of the unbridled tongue in *your* mouth, of the power for good or ill in *your* words? *How is it that such a lovely voice which by divine nature is so angelic, so close to the veil, so instinctively gentle and inherently kind could ever in a turn be so shrill, so biting, so acrid and untamed? A woman’s words can be more piercing than any dagger ever forged, and they can drive the people they love to retreat beyond a barrier more distant than anyone in the beginning of that exchange could ever have imagined. Sisters, there is no place in that magnificent spirit of yours for acerbic or abrasive expression of any kind, including gossip or backbiting or catty remarks.* Let it never be said of our home or our ward or our neighborhood that “the tongue is a fire, a world of iniquity ... [burning] among our members” (Jeffrey R. Holland, “The Tongue of Angels,” *Ensign*, May 2007, 16–18; emphasis added).

From the Scriptures



- ❧ Ephesians 4:26-32; Corrupt = Sapos, which is “rotten” or “putrefy”
- ❧ 2 Nephi 32:1-3
- ❧ **“True charity ought to begin in marriage, for it is a relationship that must be rebuilt every day”** (James E. Faust, “Fathers, Mothers, Marriage,” *Ensign*, Aug 2004, 2-7).



James 1:19
James 1:26
James 3:1-10
Proverbs 2:2

Christlike Communication



At first she wouldn't believe him, but finally he convinced her of his love and concern. 'She died,' he said, holding back his tears, 'believing she was the most beautiful woman on earth'" (Brent A. Barlow, *Dealing with Differences in Marriage*, 137-139).

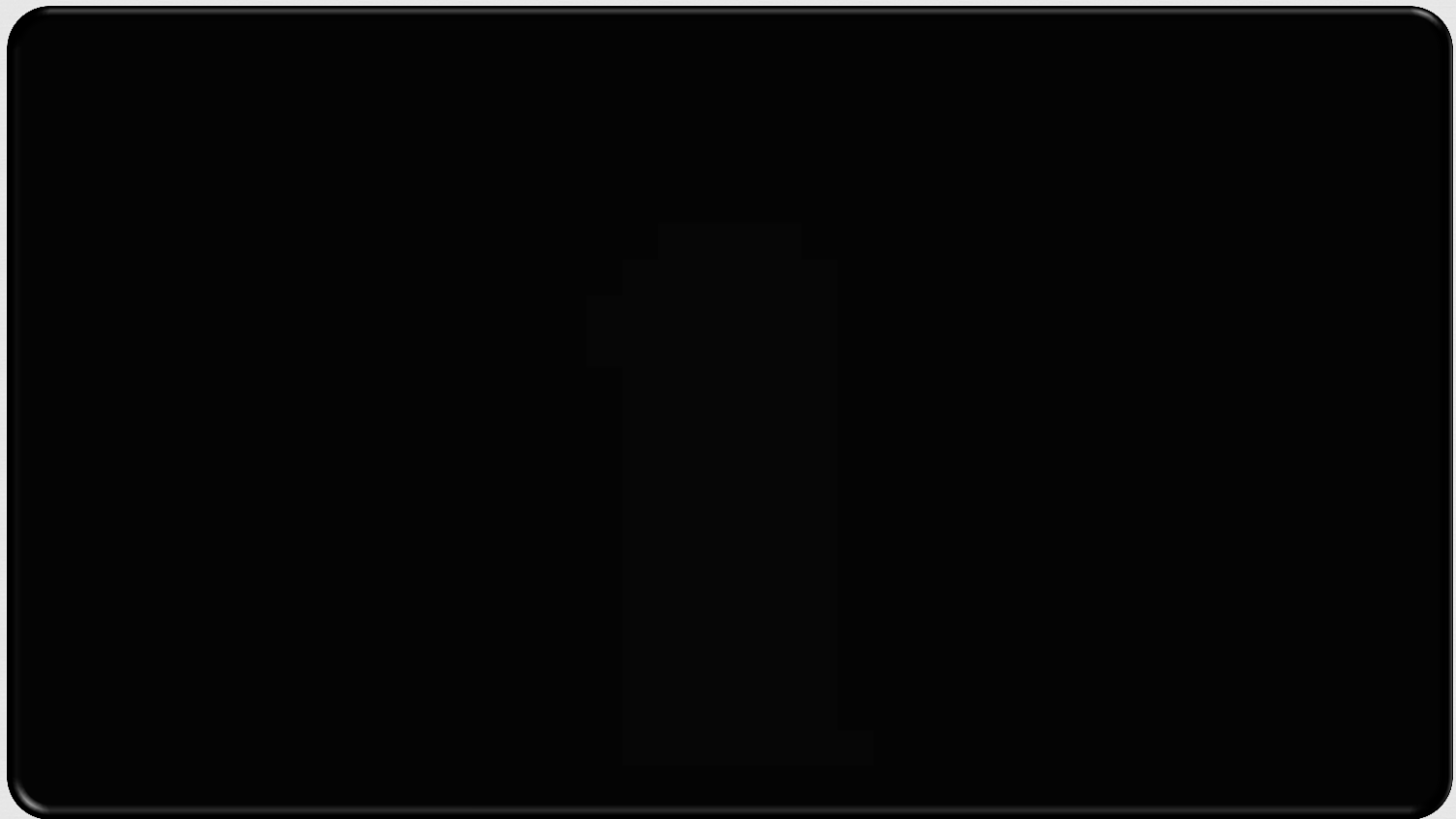
Christlike Virtue #4: Consideration

- ❧ “The grand object of our coming to this earth is that we may become like Christ, for if we are not like him, we cannot become the sons of God, and the joint heirs with Christ” (President Joseph F. Smith, *Gospel Doctrine*, 18).
- ❧ “Let the father be the head of the family, the master of his own household; **and let him treat them [his family] as an angel would treat them**” (Brigham Young, *Discourses of Brigham Young*, 197–98).
- ❧ “In marriage, the **husband and wife should not only care about each other, but also care for each other**” (Brent A. Barlow, *Dealing with Differences in Marriage*, [Salt Lake City: Deseret Book, 1993], 89).

How to Build a Successful Marriage?

- ❧ In order for a marriage to be successful, President Spencer W. Kimball taught that “**there must be continued courting and expressions of affection, kindness, and consideration to keep love alive and growing**” (President Spencer W. Kimball, *Marriage and Divorce, Marriage and Divorce, An Address*, [Salt Lake City, Utah: Deseret Book, 1976, 17).
- ❧ How are you doing with continued courting?
- ❧ How are expressions of affection demonstrated in your marriage?
- ❧ How is kindness expressed?
- ❧ What about consideration?
- ❧ Do you place your spouses needs before your own?

Kindness, Charity, and Consideration In Marriage



Christlike Virtue #5: Character

- ∞ The *Oxford English Dictionary* indicates that character is “. . . **the sum of the moral and mental qualities which distinguish an individual or a race; mental or moral constitution; moral qualities strongly developed or strikingly displayed**” (*Oxford English Dictionary Online*, University Press 2003, Second Edition, 1989).
- ∞ “Interestingly, when we look up the word ‘character’ in the topical guide of our scriptures, we discover that it is cross-referenced to the topics of **honesty, honor, and integrity**” (Elder David A. Bednar, “The Character of Christ,” BYU Idaho Religion Symposium, 25 January 2003).

The Character of Christ



- ❧ **“There would have been no Atonement except for the character of Christ”** (Elder Neal A. Maxwell, as cited by Elder David A. Bednar, in *Brigham Young University-Idaho Religion Symposium*, 25 January 2003, 1).
- ❧ **Matthew 4:1-11**; See verse 11 – JST “Then the devil leaveth him, and, now Jesus knew that John was cast into prison, and he sent angels, and, behold, they came and ministered unto him (John).
- ❧ “Brothers and sisters, it is important for us to recognize that Jesus in the midst of His own challenge recognized and appropriately responded to John--who was experiencing a similar but lesser challenge than that of the Savior's. **Thus, the character of Christ is manifested as He reached outward and ministered to one who was suffering--even as He himself was experiencing anguish and torment**” (Elder David A. Bednar, in *Brigham Young University-Idaho Religion Symposium*, 25 January 2003, 1).

The Character of Christ



- ❧ “I find myself repeatedly asking the following questions **as I ponder this and other events that took place so close to the Savior's suffering in the garden and His betrayal: How could He pray for the well-being and unity of others immediately before His own anguish? What enabled Him to seek comfort and peace for those whose need was so much less than His? As the fallen nature of the world He created pressed in upon Him, how could He focus so totally and so exclusively upon the conditions and concerns of others? How was the Master able to reach outward when a lesser being would have turned inward?**
- ❧ **“Jesus, who suffered the most, has the most compassion for all of us who suffer so much less. Indeed, the depth of suffering and compassion is intimately linked to the depth of love felt by the ministering one. Consider the scene as Jesus emerged from His awful suffering in the Garden of Gethsemane”** (Elder David A. Bednar, in *Brigham Young University-Idaho Religion Symposium*, 25 January 2003, 3).

Thus, Character in Marriage...

- ❧ Can be demonstrated when we are kind and nice to our spouse, despite being angry with them
- ❧ Can be demonstrated when we don't feel well, yet we exude happiness and kindness towards our spouse
- ❧ Can be demonstrated when we feel we have been unjustly treated; yet we treat our spouse with kindness and respect in return
- ❧ Can be demonstrated when we have pressing needs and deadlines, yet we place our spouse and their needs ahead of our own



The Divine Center

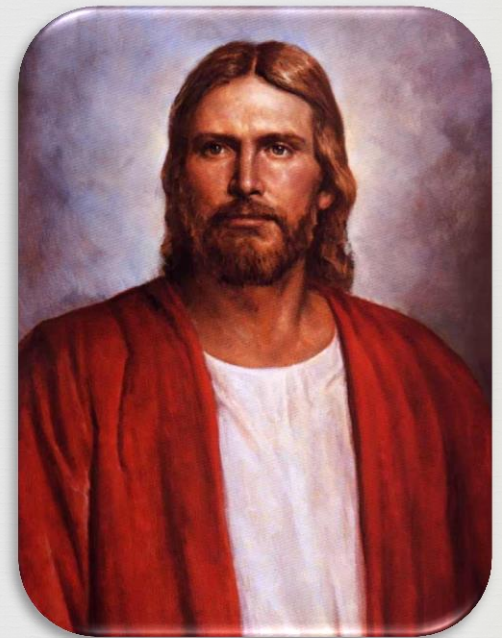


“When a person has this [Christ is the Center of our Lives] map or frame of reference, the Lord and his work become the driving force of that person’s life. **It becomes the unifying and organizational principle, the center around which everything revolves.... In keeping with Christ’s example, if the God/Christ-centered person is offended, he blesses in return. He returns kindness for unkindness, patience for impatience.** If he is afflicted, he chooses a response which enables him to grow and learn from the affliction, to suffer with meaning and nobility, a response which will have a greater influence on others than perhaps any other value... **If the person is praised, he gives thanks. If he is blamed, he appraises the matter to see whether there may be some blameworthiness in him, and if there is he plans self-improvement.**

The Divine Center



“But he does not overreact and either accuse or blame in return, or condemn himself.... [Instead] he seeks to identify with Christ. **Christ is his model. For instance, he studies scriptural accounts of the Savior’s earthly life, and as he does so he visualizes each of the situations recorded. He empathizes with the people involved, sees himself as part of the action, feels himself in the more positive, disciple-type roles. He creates in his mind his response to present-day situations based on living by the principles represented by the scriptural accounts.... Gradually, as he comes to see the Savior as the perfect model and mentor, he identifies with that mental image and vision. In this way he acquires “the mind of Christ”** and thus gradually learns to respond to life situations as *He* would have responded (which is as His Father would have responded)” (Stephen R. Covey, *The Divine Center* [Salt Lake City: Bookcraft, 1982], 145, 148-149).



More Holiness Give Me



On the night of December 29, 1876, the Pacific Express, a two-engine, 11-car train, was heading west through Ohio during a heavy snowstorm. Among the passengers and crew on board were Philip Paul Bliss and his wife, Lucy. Philip Bliss was a Christian songwriter and gospel singer. He had married Lucy 17 years earlier after coming to love her for her Christian virtues. At approximately 7:30 p.m., while crossing a trestle bridge over the Ashtabula River, the bridge collapsed, sending the 11 railcars 75 feet to the river below. As water pressed up from the broken ice, the wooden cars, heated by kerosene stoves, ignited.



More Holiness Give Me



“According to an eyewitness, as reported in the *Chicago Tribune* the next day, when the train fell, Mr. Bliss freed himself and succeeded in crawling through a window. He turned around to pull his wife free but found she was pinned in the ironwork of the seats. Rather than escape, he devotedly stayed by her side in an attempt to free her before they were both engulfed and consumed in the flames. Ninety other people were killed or later died in the Ashtabula River railroad disaster, the worst such incident in American history to that point in time.

“You may be interested to know that, although Philip Bliss was not a Latter-day Saint, three of his songs appear in our current hymnbook. We sang one of them together this morning: “More Holiness Give Me” (*Hymns*, 1985, no. 131). At undoubtedly the most stressful moment of his life, Mr. Bliss lived his lyrics” (from Brad Neiger, *To Act in Holiness*, BYU Speeches, 4 April 2006).

Christlike Virtue #6: Courage



- ☞ Courage to change
- ☞ Courage to admit your mistakes
- ☞ Courage to get help if you need it
- ☞ Courage to be humble
- ☞ Courage to be meek
- ☞ Courage to trust God when things go wrong
- ☞ Courage to move forward with faith
- ☞ Courage to forgive
- ☞ Courage to ask for forgiveness
- ☞ Courage to follow the Spirit
- ☞ Courage to take care of a partner when they are ill
- ☞ Courage to do hard things

The Example of Howard W. Hunter

“President Hunter’s family was his great pride and joy. He and Claire had three sons. The heartbreaking death of little William, who died as a young child, left John and Louine and Richard and Nan to bring to him his eighteen adored grandchildren and twenty-two great-grandchildren. **His tender loving care of his wife Claire for more than ten years while she was not well was the most noble devotion of a man to a woman that many of us have seen in our lives. After her passing, it was a lonely time for several years until he married Inis.** Together they have shared so many happy memories and experiences. We are grateful beyond expression to you, Inis, for your companionship and your loving and devoted care of him. You brought a sparkle to his eye and joy to him in the crowning years of his life and his ministry” (James E. Faust, "Howard W. Hunter: Man of God", *Ensign*, Apr. 1995, 26–28).

The Example of Howard W. Hunter

“Wife of a General Authority [Brother and Sister Hunter] suffers stroke and extensive paralysis. For five years she is confined to bed. In the last year she is unable to speak. Husband moves her bed into the living room and surrounds her with bustling life, speaking to her in all their accumulated inside jokes and code phrases and love pats. She can only reply with her eyes. They are full of peace. Visitors say, ‘How can one think evil of a gospel which has created a face like that?’” (Truman G. Madsen & Stephen R. Covey, *Marriage & Family: Gospel Insights*, [Salt Lake City: Bookcraft, 1983], 34-35).

Christlike Virtue #7: Becoming Like Christ

“That man is greatest and most blessed and joyful whose life most clearly approaches the pattern of the Christ.

This has nothing to do with earthly wealth, power, or prestige. *The only true test of greatness, blessedness, joyfulness is how close a life can come to being like the Master, Jesus Christ.*

He is the right way, the full truth, and the abundant life” (Howard W. Hunter, *Ensign*, December 1988, 2; emphasis added).



The Savior's Christlike Attributes

- ❧ Benevolent, Acts 10:
- ❧ Calm
- ❧ Charity, Moroni 7:47
- ❧ Chivalry, John 19:25-27
- ❧ Communication, Matthew 15:11
- ❧ Compassion, Matthew 18:23-33
- ❧ Considerate, Mosiah 27:4
- ❧ Content, 1 Corinthians 13:4
- ❧ Dignity, D&C 84:54, 88:69
- ❧ Easily Entreated
- ❧ Forgiving, Matthew 5:43-45
- ❧ Gentle, Mark 10:14
- ❧ Gracious
- ❧ Grateful, Alma 34:38
- ❧ Guileless, Psalms 32:2
- ❧ Holy, Moses 6:57
- ❧ Humble, Luke 22:42
- ❧ Integrity, Matthew 5:34-37
- ❧ Joy, 2 Nephi 2:22-25
- ❧ Kindness, Romans 12:10-13
- ❧ Long-suffering
- ❧ Loyal, D&C 29:5
- ❧ Meek, Matthew 11:28
- ❧ Nurturing, Matthew 4:19
- ❧ Patience, Matthew 5:39
- ❧ Peacemaker, Matthew 5:9
- ❧ Poise, calm
- ❧ Praise, Matthew 3:17

The Savior's Christlike Attributes

- ❧ Prudent, Mark 6:31
- ❧ Pure, Matthew 5:8
- ❧ Self-Mastery, Proverbs 16:32
- ❧ Servant, Luke 22:25-27
- ❧ Sociable, Matthew 11:19
- ❧ Submissive, John 5:19
- ❧ Teachable
- ❧ Temperance, 1 Cor. 9:25-27
- ❧ Virtuous, Luke 8:46



“Life really becomes better only when we become better. The diversions and the illusions are such that, unless we are very careful, we will be diverted. Life unfolds only as we unfold spiritually” (Elder Neal A. Maxwell, *We Will Prove Them Herewith*, [Salt Lake City: Deseret Book, 1982, 73]).

Jonathan Napela



“Many years later, in 1873, Kitty, the wife of this great man, Jonathon Napela, contracted leprosy. She was a beautiful and noble woman in the early days of the Church in Hawaii. Today modern medical knowledge has advanced so that this disease is no longer fatal, but at that time, there was no cure for this dreadful disease. In order to prevent the spreading of this disease, once you contracted it you were forced to live on one of the seashores in the leper colony on Molokai. The lepers were taken there by boat. The sailors were so afraid of this disease that they pushed the patients into the sea, forcing them to swim to shore.

“Because his wife had to go to Kalaupapa, the leper colony, Jonathon, too, wanted to go. He took her hand and they went there together. Why would he do this? Because he loved her so much! He knew that life is eternal and love is eternal, even through days of “sickness and health.”

“Oh, how much do I love my wife? Oh, do I love her as a daughter of God, as Jonathon loved his wife? Would I be willing to go to a place like that to be with her? Would you be willing to demonstrate your pure love like Jonathon? Brethren, are we honoring our companions? Are we caring? Are we thoughtful? We must be, because God has joined us together (see **Mark 10:9**).

Jonathan Napela



“History records that this valiant and giant man of God worked in the leper colony and fought to obtain government assistance for the lepers to have a more comfortable place to live. He was a giant in the pure love of Christ for his own people. Oh, I can almost hear the words of Paul to the Corinthians when he said, “Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal” ([1 Cor. 13:1](#)).

“This good brother later contracted that same disease and died even before his wife passed away. She followed him two years later. Husbands, do you love your wife as a daughter of God? Oh, “husbands, love your wives” as daughters of God, “even as Christ also loved the church and gave himself for it” ([Eph. 5:25](#)).



Kitty Napela



Jonathan Napela